

For questions about the procedure call 609-265-1700

Trilyte with Bisacodyl Tablet Prep

THE DAY BEFORE THE EXAM:

No Solid Foods or Alcoholic Beverages Clear liquids only for breakfast, lunch and dinner. No red or purple colored drinks, please. You may have soda, Gatorade, Water Ice, Ginger Ale, 7-Up, Sprite, Coke, Pepsi, Jello (yellow or green) and chicken broth. You may have black coffee and tea. Milk and cream are **not** allowed. You may use sugar/sweetener.

How do I prepare the solution?

The solution can be used with or without Flavor Packs. The Flavor Packs are designed to make the solution taste better. Prepare the solution as follows:

1. To add flavor, tear open one flavor pack at the indicated marking and pour contents into the bottle **BEFORE** adding water. Discard unused Flavor Packs.
2. **SHAKE WELL** to incorporate flavoring into the powder.
3. Add **LUKEWARM** tap water to the top of the **FILL** line marked 4 liters.
4. Replace cap tightly and **SHAKE WELL** until all ingredients have dissolved and place in the refrigerator.
5. No additional flavorings should be added to the solution.

The DAY BEFORE THE COLONOSCOPY

Steps to prepare the Colon:

1. Mix the solution as above and place in the refrigerator.
2. At 3 PM or when you get home from work take 4 Bisacodyl tablets (Do not crush or chew) **Bisacodyl are non-prescription meds.**
3. After your first bowel movement or 2-3 hours later after taking the **Bisacodyl** tablets start drinking **TriLyte** solution. Drink 8 ounces every 10-15 minutes till finished the solution. If your stools are not clear fluid without solid matter after 1-2 hours after finishing the solution call for further instructions on bowel preparation.
4. You may continue to drink clear liquids until midnight.

What are the side effects of TriLyte™ with Flavor Packs?

Common side effects include Nausea, abdominal fullness, and bloating in up to 50% of patients. Abdominal cramps, vomiting and anal irritation occur less frequently. **Side effects are temporary and usually subside quickly.**

The MORNING OF THE PROCEDURE:

Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test. DO NOT CHEW GUM, HARD CANDY, or SMOKE UNTIL AFTER YOUR PROCEDURE. If the test is scheduled after 1 PM then you may have small sips of water up to 8 AM, then nothing more afterwards.