

For questions about the procedure call 609-265-1700

## MoviPrep - Option 1

Use this option if your colonoscopy is in the morning before Noon.

**BOTH DOSES** of the MoviPrep are taken the Night before the Colonoscopy.

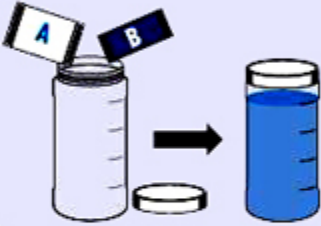

**FIRST DOSE:** Begin after Work, but no later than 7 PM. **After mixing pour the MoviPrep over a glass of ice to make it cold.** This makes the MoviPrep taste better. (Look at the Illustration below on how to mix MoviPrep)

**SECOND DOSE:** Begin the second dose 90 minutes after finishing the first dose. Remember pour the MoviPrep over ice to make it taste better.

### Patient Instructions

The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

**Beginning After Work, but no later than 7 PM**

<b>STEP 1</b>	<ul style="list-style-type: none"><li>■ Empty 1 Pouch A and 1 Pouch B into the disposable container</li><li>■ Add lukewarm drinking water to the top line of the container. Mix to dissolve</li></ul> <p>If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.</p>	
<b>STEP 2</b>	<ul style="list-style-type: none"><li>■ The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete</li><li>■ Drink 16 oz of the clear liquid of your choice</li></ul>	

### THE MORNING OF THE PROCEDURE:

**Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test. DO NOT CHEW GUM, HARD CANDY, or SMOKE UNTIL AFTER YOUR PROCEDURE.** If the test is scheduled after 1 PM then you may have small sips of water up to 8 AM, then nothing more afterwards.