

For questions about the procedure call 609-265-1700

## HalfLyte Instructions

### Step 1: MIX THE HalfLyte SOLUTION

Add lukewarm drinking water to top of line on bottle. Cap the bottle and shake to dissolve the powder. The mixed solution will be clear and colorless. Use within 48 hours. You may add **only one** of the included **Flavor Packets** to the solution to improve the taste, **but nothing else**. You may place in the refrigerator.

### Step 2: TAKE 2 Bisacodyl TABLETS at NOON the day BEFORE the TEST

Take all (2) **Bisacodyl** delayed-release tablets with water. These are **over the counter** and do not need a prescription. Do NOT chew or crush the bisacodyl tablets. Do not take the bisacodyl tablets within 1 hour of taking an antacid.

### Step 3: WAIT FOR A BOWEL MOVEMENT

After a bowel movement occurs (usually in 1 to 6 hours), begin to drink the solution. Even if no bowel movement occurs by 6 PM or after work, begin to drink the solution.

### Step 4: DRINK ALL THE SOLUTION STARTING in the EVENING when HOME

Drink 1 (8 oz) glass every 10 minutes (about 8 glasses). Drink each glass quickly rather than drinking small amounts continuously. A watery bowel movement should begin in approximately 1 hour. **Be sure to drink ALL the solution**. You will still have loose bowel movements for about 1 to 2 hours after you finish drinking the solution. You may continue to drink clear liquids up until midnight.

### What are the side effects of HalfLyte?

Common side effects include Nausea, abdominal fullness, and bloating in up to 50% of patients. Abdominal cramps, vomiting and anal irritation occur less frequently. **Side effects are temporary and usually subside quickly.**