

For questions about the procedure call 609-265-1700

Colyte Prep with Dulcolax

Please be aware that if you do not prep as directed your procedure will be cancelled.

THE MORNING OF THE PROCEDURE:

Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test. DO NOT CHEW GUM, HARD CANDY, or SMOKE UNLESS given other instructions. This also includes **ALL inhalers**. Bring a current list of meds and doses with you.

HMO insured patients may require a referral or precertification. You will need to bring your insurance cards, referral, and co-pay at the time of the visit.

The test will be cancelled if 1) You have no one to drive you home (A bus or taxi is not acceptable) 2) IF you eat any food the day of the test 3) IF you drink any fluids less than 4 hours before the test.

7 DAYS PRIOR TO YOUR EXAM:

Stop taking all aspirin and aspirin products (see attached list). Tylenol is permitted before the test. Discontinue any other medications only if directed by the office. Specific Instructions for special situations such as diabetes are given on the Medicine Instruction Sheet

THE WHOLE DAY BEFORE THE EXAM:

Clear liquids only for breakfast, lunch and dinner. No Solid Foods or Alcoholic Beverages

No red or purple colored drinks, please. You may have Gatorade, Water Ice, Popsicles, Ginger Ale, 7-Up, Sprite, Coke, Pepsi, or Any soda, Jello (yellow or green) and chicken or beef broth. You may have black coffee and tea. You may use sugar/sweetener. **Milk and cream are not allowed in the coffee or tea.**

- 1.) At 6 PM: Begin your **Colyte** prep by drinking the solution at the rate of 8 ounces (one glass) every 15 minutes until the entire dose is finished.
- 2.) Take 2 **Dulcolax** tablets before going to bed.(These pills are non-prescription)
- 3.) You may continue drinking clear liquids up until midnight.

THE MORNING OF THE PROCEDURE:

Do Not Eat or Drink ANYTHING the day of the test, except morning medicines with a small sip of water up to 4 hours before the test. DO NOT CHEW GUM, HARD CANDY, or SMOKE UNTIL AFTER YOUR PROCEDURE. If the test is scheduled after 1 PM then you may have small sips of water up to 8 AM, then nothing more afterwards.

YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT FOLLOW THE PREP AS ABOVE.